Cardinal Hill Rehabilitation Hospital
Inpatient Brain Injury Program - 2008

Cardinal Hill Rehabilitation Hospital's Brain Injury Program, established in 1981, serves clients of all ages who have experienced trauma, vascular injury or infectious disease of the brain, resulting in mild to severe cognitive and physical deficits. The Brain Injury Team's goal is to help each client reach his/her highest potential.

Inpatient Brain Injury clients-2008: 252
Ages of our Brain Injury clients:

16 years and under:	7.5%
17 to 34 years:	30.2%
35 to 49 years:	19.4%
50 to 64 years:	23.0%
65 years and older	19.8%

The Rehabilitative Environment
The Brain Injury Program offers comprehensive services on a closed unit where clients can be closely monitored while being given as much freedom of movement as possible. Therapy gyms, a lounge and a dining room are all located within the unit, and the nursing station is centrally located. We are able to accommodate individuals from early childhood to late adulthood. Special arrangements can be made for parents to stay with their young children.

Integrated Services Offered
In order to provide continuity of care for our clients, we continue to work with the team of physicians from acute care while still focusing on the rehabilitative needs. The plan of rehabilitative care may include any or all of the following services:

- Tracheotomy & respiratory care
- Tube feeding
- Wound care
- Cognitive retraining
- Orientation groups
- Swallowing evaluation & retraining
- Bladder & bowel retraining
- Adjustment counseling
- Diet & medication teaching
- Community re-entry activities
- Support & education groups
- Equipment evaluation
- Evaluation of home environment
- Aquatic therapy
- Vocational Evaluation
- Early childhood education consultations

Personalized Care
The client and his/her family are truly the focus and each client receives a personalized rehabilitation plan. The transdisciplinary team works with the client and family to focus on realistic and achievable goals. These goals are continually re-evaluated as the client progresses toward greater awareness and independence.

A transdisciplinary approach to care ensures that the client's progress is as smooth as possible. Team members are educated in pediatric and adult care.
Team members may include the following:

- The Client & Family
- Physiatrist (Physician specializing in Rehabilitation Medicine)
- Rehabilitation Nurse
- Speech-Language Pathologists
- Physical & Occupational Therapists
- Case Manager/Social Worker
- Dietitian
- Psychologist

Appropriate medical consultations are provided as needed.

Intensity of Services
A rehabilitation physician is available 24 hours a day and attends to each client daily. Rehabilitation nurses are available 24 hours a day.

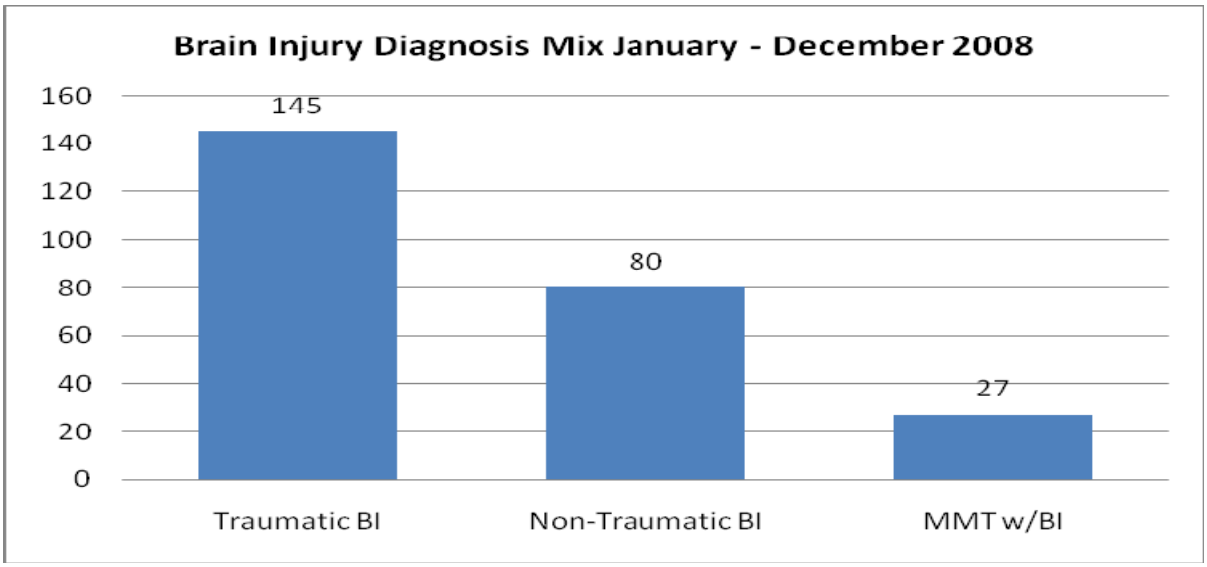
Unless there are medical problems, clients receive three hours of therapy a day, Monday through Friday; with additional therapy on the weekend, when indicated.

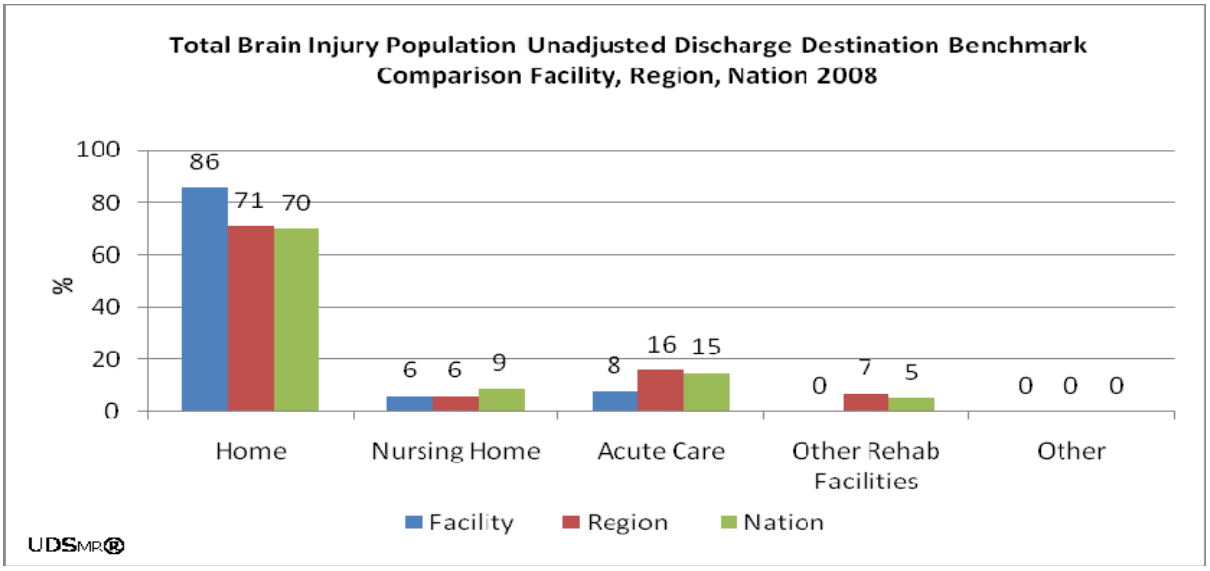
Length of Program
The average client stay is 19.6 days, however the length varies depending on the client's needs.

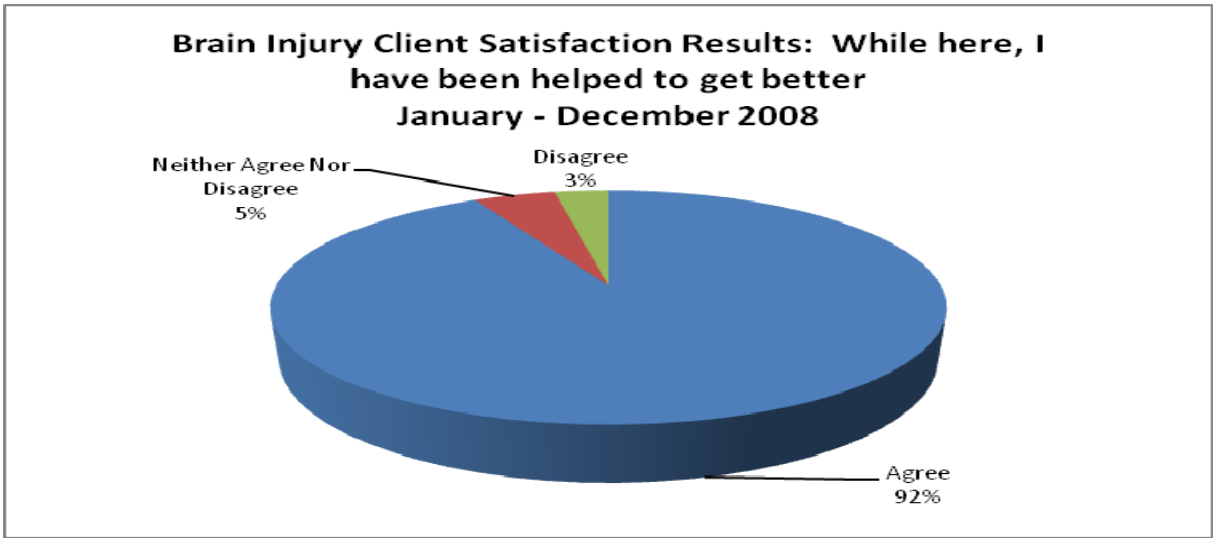
Family Involvement
Cardinal Hill believes that family support is a key ingredient to a successful rehabilitation experience following brain injury. We encourage the family to be active participants in the client's program as he/she works to achieve functional goals. Our staff helps the family and the client make realistic preparations for home and community reentry, incorporating family teaching, individual counseling and support groups into the program.

Follow-Up Services
Our commitment to the client and their family extends beyond discharge from the inpatient program. The client's local and referring physicians receive copies of the Discharge Summary and Outpatient services may begin immediately after discharge. These may include an intensive Day Program, selected therapy services or vocational evaluation. We also work with children, parents, and their local school for reentry into the school setting. Referral to services closer to home may be made for the client's convenience. Follow-up visits with the Cardinal Hill physician in the Outpatient Clinic are also scheduled.

For More Information
For more information about Cardinal Hill's Brain Injury Program or to make a referral, call (800) 843-1408 or (859) 367-7120.


Brain Injury Diagnosis Mix January - December 2008
160
140
120
100
80
60
40
20
0
145
80
27
Traumatic BI
Non-Traumatic BI
MMT w/BI


Total Brain Injury Population Unadjusted Discharge Destination Benchmark
Comparison Facility, Region, Nation 2008
100
80
60
40
20
0
%
86
71
70
6
6
9
8
16
15
0
7
5
0
0
0
Home
Nursing Home
Acute Care
Other Rehab Facilities
Other
Facility
Region
Nation
UDSMP®


Brain Injury Client Satisfaction Results: While here, I have been helped to get better
January - December 2008
Neither Agree Nor Disagree 5%
Disagree 3%
Agree 92%