

CARDINAL HILL REHABILITATION HOSPITAL

Inpatient Rehabilitation

Cardinal Hill Rehabilitation Hospital's Rehabilitation Programs have one central goal: to return clients who have experienced an accident, injury, or illness to meaningful lifestyles in the shortest time possible.

We help clients reach their goals to function more independently through benchmark rehabilitation services.

Number of Inpatients served in 2009: 2041

Age Breakdown

- 16 years & under: 1.6%
- 17-34 years: 8.1%
- 35-49 years: 10.8%
- 50-64 years: 25.0%
- 65 years and older: 54.4%

A Transdisciplinary Team

A transdisciplinary team specializing in the unique needs of each client provides a coordinated, intensive program.

The team may include:

- The client & family
- Physiatrist (Physician specializing in Rehabilitation Medicine)
- Rehabilitation Nurse
- Physical Therapist
- Occupational Therapist
- Speech-Language Pathologist
- Case Manager
- Dietician
- Psychologist

Appropriate medical consultations are provided as needed.

Intensity of Services

A rehabilitation physician is available 24 hours a day and reviews each client's care daily. Rehabilitation nurses are available 24 hours a day.

Unless there are medical problems, clients receive an average of three hours of therapy a day, Monday through Friday, with additional therapy on the weekend, when indicated.

Length of Program

The average client stay is 16 days, however the length of stay varies depending on the client's needs.

Family-Centered Recovery

Cardinal Hill believes that family support is a key ingredient to a successful rehabilitation experience. We encourage the family to be active participants in the client's program as he/she works to achieve functional goals. We provide individual counseling, support groups and family education to prepare caregivers to deal with the client's new needs.

Visiting Hours: 8am – 8pm, daily

Personalized Care

Each client receives a personalized rehabilitation plan. The goal of that plan is to restore physical and social independence. Each plan takes into account the client's previous abilities, health, diagnosis and the extent of the injury.

Follow-Up Services

The client's relationship with Cardinal Hill does not end with the discharge from the inpatient program.

Outpatient services can begin immediately. These may include an intensive Day Program, selected therapy services, home health services or Adult Day Health.

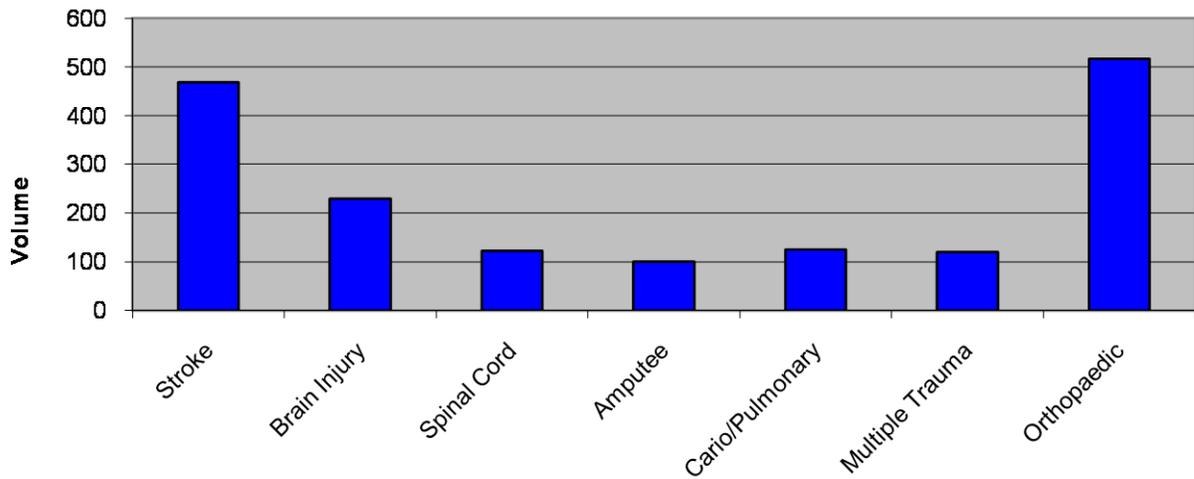
For the client's convenience, referral to a provider closer to home may be made.

The client may be scheduled to return for Outpatient Clinic visits with his/her Cardinal Hill physician. During these visits, progress is assessed and changes are made in the home program or equipment, as needed.

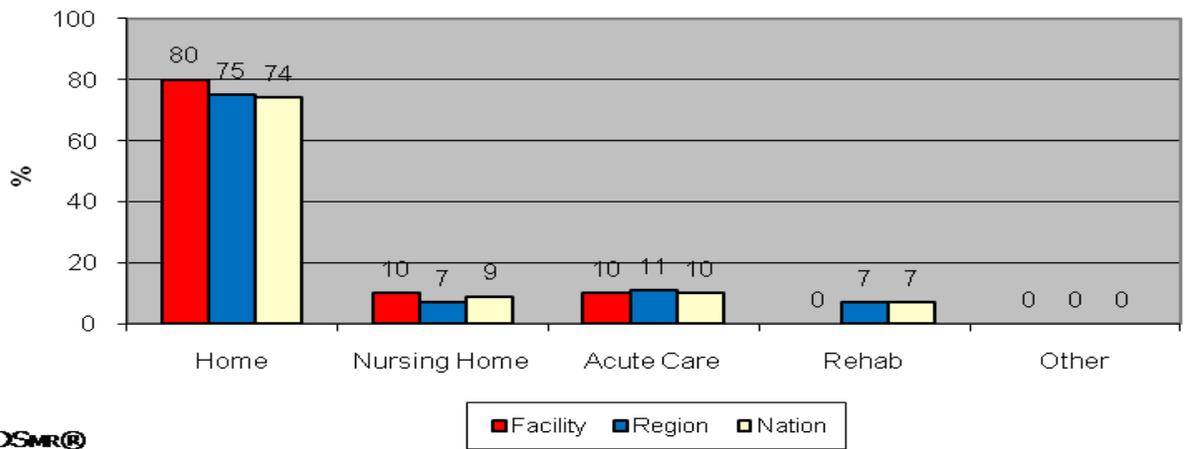
For More Information

For more information about Cardinal Hill Programs, call (859) 367-7120.

Diagnosis Mix January - December 2008



Housewide Discharge Destination Unadjusted Benchmark Comparison Facility, Region, Nation Through 2009



Housewide Client Satisfaction with Overall Quality of Care 2009

