FACTS

A Traumatic Brain Injury (TBI) is defined as a blow or jolt to the head or a penetrating head injury that disrupts the function of the brain.

ACCORDING TO STATISTICS FROM THE BRIAN INJURY ASSOCIAN OF AMERICA (www.biausa.org):

On an annual basis in the United States:

- 1.5 million people will sustain a TBI annually
- 80,000 people annually experience the onset of long-term disabilities following a TBI.
- There are currently 5.3 million Americans living with a disability as a result of a TBI.

A stroke is defined as the sudden death of brain cells due to a lack of oxygen when the blood flow to the brain is impaired by blockage or rupture of an artery to the brain.

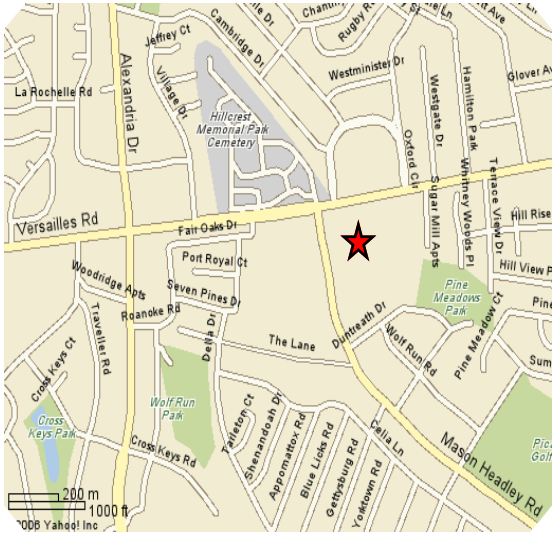
ACCORDING TO STATISTICS FROM THE AMERICAN HEART ASSOCIATION (www.americanheart.org):

On an annual basis in the United States:

- 780,000 people suffer a new or recurrent stroke each year.
- It has been estimated that 33% of stroke survivors need assistance caring for themselves.

We are located at the corner of Versailles Road and Mason Headley Road.

2050 Versailles Road
Lexington, KY 40504



To Make a Referral

Phone: 859-367-7121

Fax: 859-255-9303

www.cardinalhill.org

Cardinal Hill Center for Outpatient Services

CLIMB PROGRAM

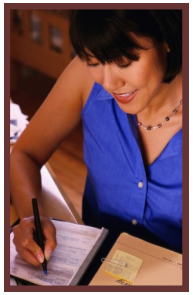
Outpatient Brain Injury Day Program

2050 Versailles Road
Lexington, KY 40504

What Makes The CLIMB Program Special?

The CLIMB program is a client-centered day-treatment program that is part of continuum of care with a focus on community re-entry and home independence.

CLIMB program is specialized for individuals 16 years of age and older with acquired neurological disorders such as Stroke and Traumatic Brain Injury that interferes with their ability to return to the home, school, or work environment.



The goal of the program is to assist clients in returning to these environments.

COMMUNITY RE-ENTRY PROGRAM

- An intensive, daily program for individuals with brain injury whose goals are to return to work, school and the community.
- Staff/client collaboration with case management, vocational rehabilitation, teachers, and the individual's work-site can occur as needed.

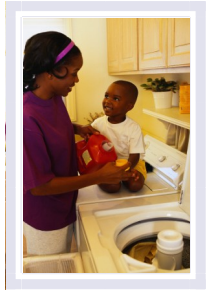
HOME INDEPENDENCE PROGRAM

- Designed for clients whose goal is increased independence in the home and community.
- Staff provides a combination of goal-directed individual and group therapies. Group therapies are used to increase awareness of physical and cognitive deficits and provide a support system to assist with handling the emotional response to brain injury.

INDIVIDUALIZED PLANNING

The CLIMB program team of specialists evaluate each client and develops a realistic treatment and rehab plan, depending on needs. The team facilitates the client transfer of skills learned in the clinic to home, work, and community situations.

THE CLIMB TEAM



- Clinical Neuropsychologist
- Speech Therapist
- Physical Therapist
- Occupational Therapist
- Case Manager / Social Worker
- Vocational Rehab Representative—when appropriate
- Teacher—when appropriate
- Physician

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