

SERVICES in

Stroke Rehabilitation

Physical Therapy (PT)

- · strength, movement & balance
- · ability to move in and out of bed or chair
- · sitting, standing & walking activities

Occupational Therapy (OT)

- · strength, movement & balance for daily activiti
- · feeding, grooming, dressing & bathing
- · getting in & out of the bathtub or shower
- getting up & down from the toilet or chairs
- · home activities (cooking, laundry, cleaning, etc.

Speech Therapy (ST)

- communication
- · speaking, reading & writing
- memory & thinking skills
- swallowing

Psychological or Behavioral Medicine

- memory, judgment, reasoning & problem solving
- · adjustment to disability
- depression or anxiety
- · social skills

Social Services

- · assistance with discharge plans
- information on community resources

LEVELS OF CARE FOR STROKE

Inpatient Rehabilitation Facility (IRF)

- require 2 or more therapies (PT/OT/ST)
- · have potential for functional improvement
- · have potential to participate in 3 hours of therapy at least 5 days per week
- are medically stable, but require 24-hour medical/rehab nurse monitoring
- Physicians are usually Physiatrists (specialist in Physical Medicine & Rehabilitation), Neurologist or Internist

Long Term Acute Care Hospital (LTACH)

- patients with acute medical or functional impairments or trauma (pulmonary/ventilator, medically complex, wound care, neuro)
- for longer term medical/surgical cases that are acutely ill and cannot participate in a more intense level of rehabilitation
- therapy services available (PT/OT/ST)
- · any physician specialty may admit patients
- average length of stay is expected to be over 25 days

Transitional Care Units or Subacute Unit

- · are medically stable and require less intense rehabilitation and nursing care
- · physician management available but not onsite daily
- therapy services available (PT/OT/SLP) up to 5 days per week
- · 3 day acute care hospital stay required for Medicare reimbursement

Home Health

- patient is homebound except for physicians appointments
- services available (not neccesarily daily) include: PT, OT, ST, home health aide and/or social worker
- · any physician may initiate a referral

Outpatient Therapies

- therapies are typically 1-3 times per week
- · any physician may initiate a referral