2ND ANNUAL KARRN

RURAL SPINAL CORD INJURY REHABILITATION CONFERENCE

For those living with, treating & researching spinal cord injuries.

Wednesday October 13, 2010

The Center for Rural Development in Somerset, KY

Conference Schedule

7:30 a.m. – 8:30 a.m. **Registration**

8:30 a.m. – 8:45 a.m. **Welcome**
Dr. Patrick Kitzman, Director of the Kentucky Appalachian Rural Rehabilitation Network (KARRN)

8:45 a.m. – 9:45 a.m. **Connecting pathology with expected functional outcomes and participation:**
Speaker: Dr. Deborah Backus
The Shepherd Center

- Educate health care providers and future health care providers about the expected outcomes following spinal cord injury (SCI) at each spinal level.
- Discuss the impact of injury level on community participation.
- Educate health care providers and future health care providers about overall therapy goals related to SCI at each spinal level.

9:45 a.m. – 10 a.m. **Break**

10 a.m. – 11 a.m. **Use of universal design and environmental modifications to improve comfort, safety, independence and social participation of persons with SCI**
Speaker: Susan Bachner
Susan Bachner Consulting

- Educate health care providers, future health care providers and persons with SCI about the principles of Universal Design and how the principles of universal design can be used to improve accessibility and independence of persons with SCI.

11 a.m. – 11:45 a.m. **Panel discussion of persons with SCI about living in rural KY**
Moderator: Michelle Graybeal

- Educate health care providers, future health care providers and persons with SCI about the supports and barriers to long-term health care of persons with SCI living in rural communities from the point of view of persons with SCI.

Noon – 1:15 p.m. **Lunch and visit exhibitors**

1:30 p.m. – 2:30 p.m. **Rotation I**

2:30 p.m. – 3:30 p.m. **Rotation II**

3:30 p.m. – 4:30 p.m. **Rotation III**

Afternoon breakout sessions will be held concurrently and will last 50 min each with 10 min for person to move from one area to the next (plus have bathroom breaks).

Each of these sessions is involved with difference aspects of QoL and community integration.

4:30 p.m. – 4:45 p.m. **Final Remarks**

**Schedule is subject to change. A final schedule will be posted at the conference.*

Breakout Sessions

Breakout Session I

Practical (inexpensive) assistive technology and home modifications for persons with SCI

Moderators: Keith Grewe and Dave Palmer

- Educate health care providers, future health care providers and persons with SCI about inexpensive assistive technology and home modifications that can improve independence with activities of daily living of persons with SCI.
- Educate health care providers, future health care providers and persons with SCI about where inexpensive assistive technology can be purchased by persons living in rural communities as well as possible resources to assist in funding these purchases.
- Educate health care providers, future health care providers and persons with SCI about available resources to assist with basic home modifications as well as possible resources to assist in funding these modifications.

Breakout Session II

Sate of the art innovations in assistive technology and environmental adaptations for persons with SCI

Moderators: Carol Weber or Rebecca Mathis

- Educate health care providers, future health care providers and persons with SCI about innovative, state of the art advances in assistive technology and home modifications that can be used to improve independence of persons with SCI.
- Educate health care providers, future health care providers and persons with SCI about potential resources where this innovative assistive technology can be purchased as well as possible resources to help fund these modifications.
- Educate health care providers, future health care providers and persons with SCI about potential resources where persons with SCI living in rural communities can gain assistance to conduct state of the art environmental adaptations and home modifications as well as possible resources to help fund these modifications.

Breakout Session III

Recreational and sports opportunities for persons with SCI

- Educate health care providers, future health care providers and persons with SCI about the use of recreation and sport opportunities to promote community integration and quality of life.
- Meet with members of state and local organizations that provide recreation and sports opportunities for person with SCI living in Kentucky.

Target Audience

Healthcare providers (PT, OT, nursing, Social Work, Physicians) who work with spinal cord injury, persons with spinal cord injury and their caregivers, educators for the UK Physical therapy program and the EKU Occupational Therapy Program, students in the UK PT program and the EKU OT program, and community partners.

About the Key Note Speakers

Susan Bachner, OTR

Susan Bachner Consulting

Ms. Bachner has 40 years of experiences working with persons with disabilities. Mrs. Bachner is a certified environmental access consultant and an expert in environmental adaptations and products that maximize accessibility, safety, comfort, social participation, and independence. Susan is also a frequent lecturer on the topic of Universal Design.

Deborah Backus, Ph.D., PT

The Shepherd Center

Dr. Backus is an experienced physical therapist clinician, educator, and researcher whose primary objective is to facilitate interaction between basic scientists, clinical researchers, and clinicians interested in improving functional recovery in people with neurological dysfunction. As associate director of SCI research at the Shepherd Center in Atlanta GA, Dr. Backus strives to facilitate the translation of research into efficacious and cost-effective treatment interventions and programs as appropriate to maximize the potential for lifelong recovery in people with neurological injury and disease.

Continuing Education Credit

PHYSICIANS

The University of Kentucky College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Kentucky College of Medicine designates this educational activity for a maximum of 6.50 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Kentucky College of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

SOCIAL WORK

The Kentucky Board of Social work has approved this program for 6.50 hours: approval number KBSW10125.

PHYSICAL THERAPY

Physical Therapy credit has been applied for and is pending approval.

NURSING

Nursing credit has been applied for and is pending approval.

FACULTY DISCLOSURE

All faculty members of continuing education activities sponsored by UKHealthCare CECentral are expected to disclose any real or perceived conflict of interest related to the content of their presentation. Detailed faculty disclosures will be included in participant materials or given prior to presentations.

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CECENTRAL

This conference is Accredited by the University of Kentucky Healthcare CeCentral

Notes

Registration

You can register for this free, invitation-only conference by mailing in this form or by visiting: http://bit.ly/2010-rehabcon

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❑ I am interested in receiving Continuing Education Credits for attending this conference.

❑ Physical Therapy
❑ Occupational Therapy
❑ Nursing
❑ Nurse Practitioner
❑ Physician Assistant
❑ Physician
❑ Social Work

Please mail this registration form to the following address by **Wednesday, September 29, 2010**.

Please include check for $30 written to the University of Kentucky if you want to receive CEU's.

Patrick Kitzman, PT, Ph.D.
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