Cardinal Hill Rehabilitation Hospital
Inpatient Rehabilitation - 2012

Cardinal Hill Rehabilitation Hospital's Rehabilitation Programs have one central goal: to return patients who have experienced an accident, injury or illness to meaningful lifestyles in the shortest time possible.

Number of patients served 2012: 2,306

Ages Breakdown:

- 16 years and under 1.0%
- 17 to 34 years: 6.9%
- 35 to 49 years: 9.7%
- 50 to 64 years: 26.4%
- 65 years or older: 56.2%

An Interdisciplinary Team

An interdisciplinary team specializing in the unique needs of each patient provides a coordinated, intensive program:

- Physiatrist (Physician specializing in Rehabilitation Medicine)
- Rehabilitation Nurse
- Physical Therapist
- Occupational Therapist
- Speech Language Pathologist
- Case Manager/Social Worker
- Neuropsychologist/Psychologist
- Dietician
- Pharmacist
- Chaplain

Appropriate medical consultations are provided as needed.

Intensity of Services

A rehabilitation physician is available 24 hours a day and reviews each patient's care daily. Rehabilitation nurses are available 24 hours a day.

Unless there are medical problems, patients receive three hours of therapy a day, Monday through Friday; with additional therapy on the weekend, when indicated.

Length of Program

The average patient stay is 15 Days; however the length of stay varies depending on the patient's needs.

Family-Center Recovery

Cardinal Hill believes that family support is a key ingredient to a successful rehabilitation experience. We encourage the family to be active participants in the patient's program as he/she works to achieve functional goals. We provide individual counseling, support groups and family education to prepare caregivers to deal with the patient's new needs.

Cardinal Hill has open visiting hours.

Patient-Centered Care

Each patient receives a personalized rehabilitation plan. The goal of that plan is to restore physical and social independence. Each plan takes into account the patient's previous abilities, health, the diagnosis and the extent of the injury.

Follow-Up Services

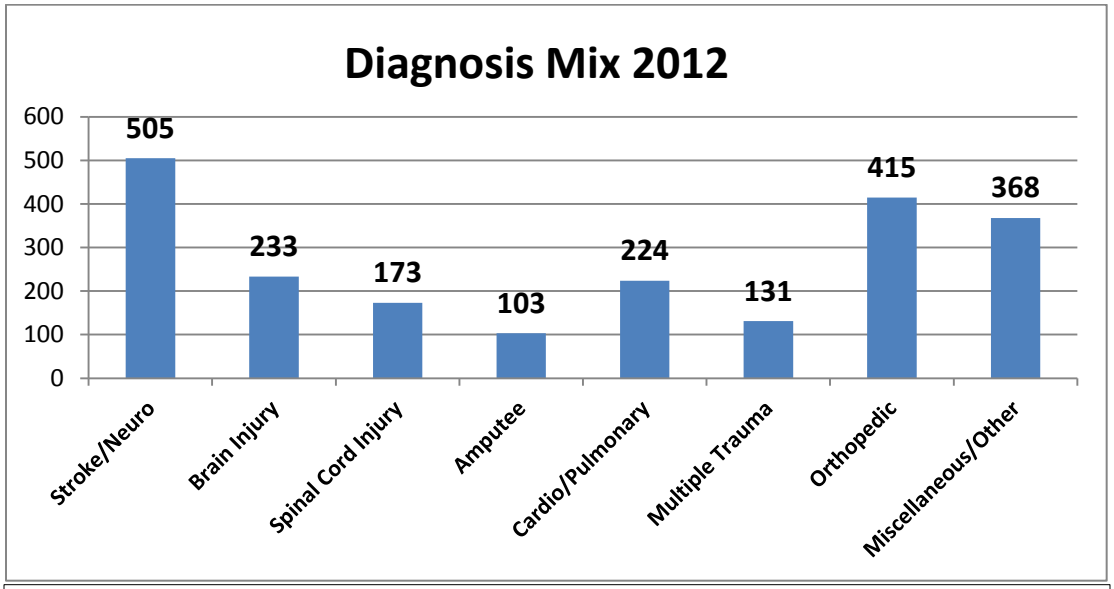
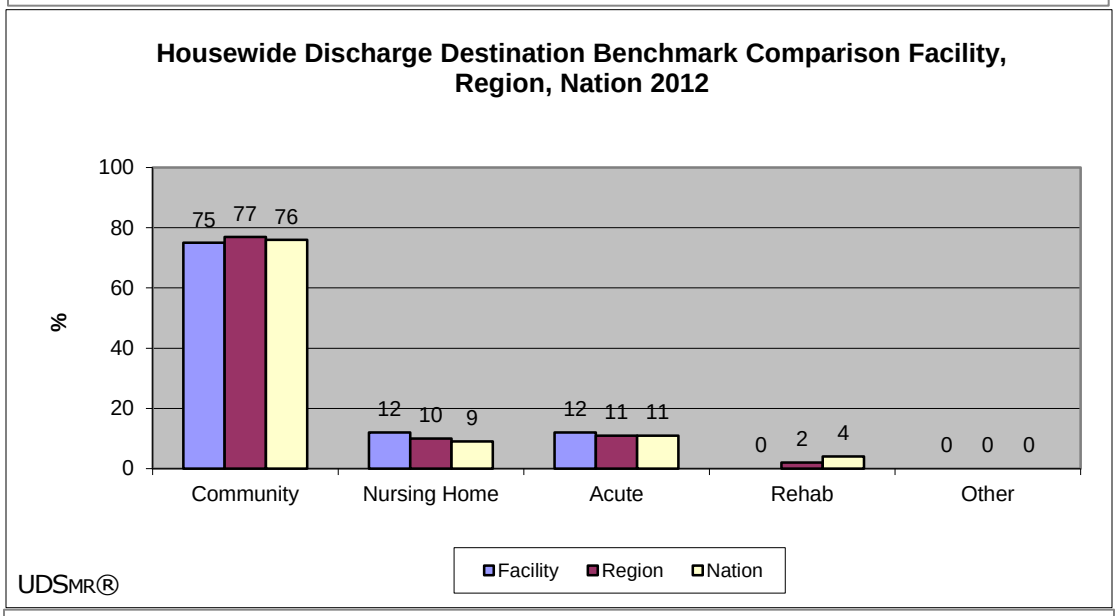
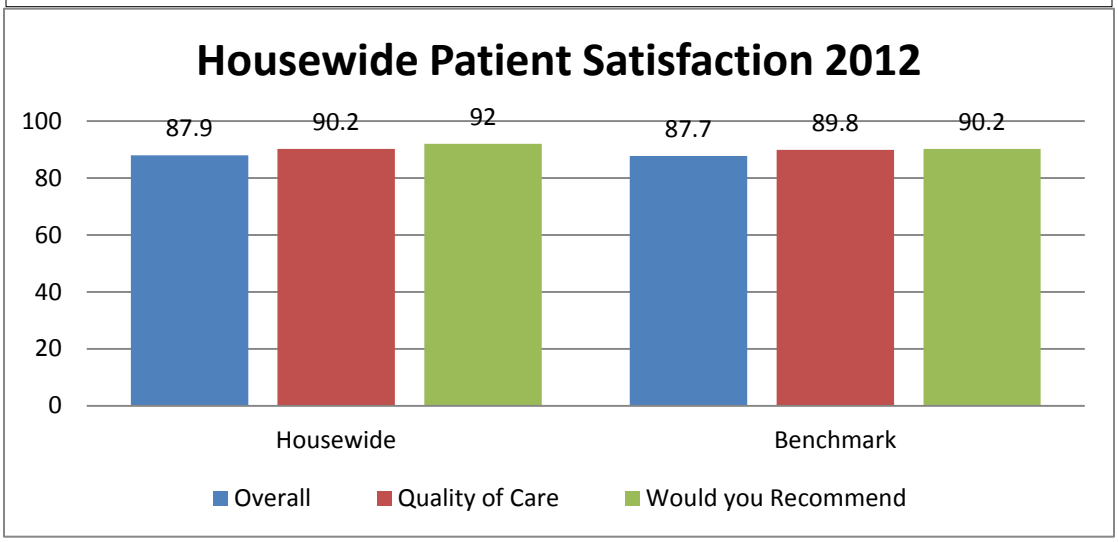
The patient's relationship with Cardinal Hill does not end with discharge from the inpatient program.

Outpatient services can begin immediately. These may include an intensive day program, selected therapy services, Home Health services or Adult Day Health.

For the patient's convenience, referral to a provider closer to home may be made.

The patient also may be scheduled to return for Outpatient Clinic visits with his/her Cardinal Hill Physician. During these visits, progress is assessed and changes are made in the home program or equipment, as needed.

For More Information

For more information about Cardinal Hill's Inpatient Program, call us at (859) 254-5701.

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