

# Episodes of Care:

The Episodes of Care approach helps therapists identify therapy goals and intensity of rehabilitation care.

- Family –centered
- Parent participation encouraged
- Collaboration between therapy staff and family
- Dignity and respect

The approach consists of four treatment paths.

1. Intensive therapy
2. Weekly therapy
3. Periodic therapy
4. Consultative therapy

Our therapists take great care to select the best path for your child. As the therapist creates a treatment plan that directs each phase of the rehabilitation process, you will be involved in making those decisions. As part of the rehabilitation team, you will help consider several factors, including:

- Diagnosis
- Goal's for therapy
- Amount of therapy needed
- Progress during therapy
- Resources (availability, transportation, funding, family support)

## **1. Intensive Therapy**

Frequent visits for a limited length of time (three or more sessions per week)

This approach is for children who:

- Are at risk for losing function due to their current medical condition.
- Have complex medical needs or have had a recent hospitalization or surgery.
- Are progressing quickly toward their goals.

Children following this path require frequent changes to therapy programs and intense family education.

## **2. Weekly Therapy**

Regular visits for a limited length of time (one to two sessions per week)

This approach is for children who:

- Have been recently diagnosed with a condition or disease
- Make steady and weekly progress toward goals
- Have been in the hospital or have had a surgery.

You will learn to safely perform activities and exercises with your child.

### **3. Periodic Therapy**

Regular visits with less frequency (one to two sessions a month)

This approach is for children who:

- Are making gradual or monthly functional changes
- Are reaching their goals and are transitioning to less frequent therapy.

You and your child will be provided with continued instruction to update their home program.

### **4. Consultative Therapy**

Scheduled as needed (one session every two to six months)

This approach is for children who:

- Need periodic help to update their home program
- Are stable and attain functional skills slowly
- Are generally able to meet the challenges of their care with the assistance of their caregivers.

Duration of this approach is brief.