

CARDINAL HILL

Home Care

Cardinal Hill Home Care ranks in the top 25%
of Home Health Agencies in the Nation!

Cardinal Hill Home Care proudly
serves the following counties:

- Fayette
- Woodford
- Madison
- Franklin
- Jessamine

CARDINAL HILL

Home Care

To make a referral, call 859.367.7133
On call nurse 859.533.3108

Cardinal Hill is a 501(c)(3) Nonprofit Organization.

*Cardinal Hill Rehabilitation Hospital serves individuals of all ages without regard
to race, color, national origin, disability or age.*

2050 Versailles Road • Lexington, KY 40504
859.367.7148 • Fax 859.367.7146
www.cardinalhill.org

Physical Rehabilitation
at Its Best!



We are so fortunate to have an agency like Cardinal Hill that takes such wonderful care of its patients. I would rate Cardinal Hill Home Care as one of the best in the nation. The employees make you feel like you are the only person they are caring for. They are fabulous!

Sydell Leff, Home Care Patient



Cardinal Hill Home Care

We provide comprehensive nursing and therapy services delivered with exceptional skill in the comfort of your own home. Our program offers a full array of quality home care services with an emphasis on the intensive therapy programs for which Cardinal Hill is known. Each patient and their family are treated with respect, warmth and empathy.

We combine the latest home rehabilitation advances with a warm and caring approach.

Cardinal Hill Home Care Patients:

- Must have a physician prescribe home care services.
- Must be homebound, but doesn't have to be confined to a bed.
- Must be willing to work with the staff in order to improve their overall health.



Home Care Staff & Services

An individualized plan of care is designed to meet each patient's needs. Working within this plan, team members focus on helping the patient regain the ability to live as independently as possible. The care plan may be revised as the patient attains goals.

In addition to the patient and family, the patient's personal treatment team may include any or all of the following staff and services:

- **Registered Nurse** sets the treatment plan along with the prescribing physician, the patient and the family. Professional nursing services may include physical exams, wound care, catheter care, IV therapy, tracheostomy care, tube feedings, colostomy care and/or patient and family teaching.
- **Physical Therapist** helps the patient regain functional independence. The PT works with the patient to increase mobility, develop a home exercise program, help prevent further disability and teach techniques to reduce pain.
- **Occupational Therapist** focuses on increasing essential self care skills; dressing, bathing, eating as well as cooking, cleaning and being safe in the home.
- **Speech-Language Pathologist** works with patients to improve swallowing, speaking, understanding speech, reading, writing and "thinking skills" such as memory, judgment and reasoning.
- **Medical Social Worker** helps the patient and family deal with concerns related to the illness or injury. Such issues may be personal, social, emotional or financial. The Social Worker is closely involved with the concerns of both patient and family.
- **Home Health Aide** may be on the team to assist with routine daily or weekly services such as bathing, grooming, dressing, routine exercises and light household tasks.

