

Neurological Program

Cardinal Hill's Neurological Program is devoted to treating individuals who live with a debilitating neurological disease. Cardinal Hill's state-of-the-art facility and team of caring professionals support each client and family's recovery and progress with the goal to help each client return to the most independent life possible. Each client works with health care professionals who are experts in their field of care. Some conditions treated:

- Multiple Sclerosis
- Guillain-Barré Syndrome
- Cerebral Palsy
- Post Polio Syndrome
- Parkinson's
- ALS (Lou Gehrig's Disease)

The Treatment Team

For a smooth transition to inpatient rehabilitation, the treatment team maintains communication with referring physicians, while focusing on the client's rehabilitative needs. In addition to the Client, Family and Caregiver, members of the treatment team may include:

- Physician
- Rehabilitation Nurse
- Physical Therapist
- Occupational Therapist
- Speech Language Pathologist
- Respiratory Therapist
- Certified School Teacher
- Case Manager/Social Worker
- Neuropsychologist/Psychologist
- Dietician
- Pharmacist
- Chaplain

Family members are included in the treatment team, and we encourage active family participation as the client works to achieve functional goals. A rehabilitation physician and nurse are available 24 hours a day, attending to each client daily. Every client is treated as an individual while working to achieve personal rehabilitation goals. Individual counseling, support groups, family education and referrals for community resources are all available. Family support is a key element in a successful rehabilitation experience.

Program Features

Along with *Medical Management*, the plan of care may include:

- Innovative Technology and Equipment
- Adjustment Counseling
- Wound and Skin Care
- Diet and Medication Teaching
- Sexuality Counseling
- Custom Wheelchair Seating and Orthotics
- Therapeutic Community Reentry Activities
- Driving Evaluation
- Home Management Training
- Prevocational Evaluation
- Home and Work Evaluation
- Peer Support Program
- Aquatic Therapy
- Recreational and Sports Activities



Follow-Up Services

As discharge from the inpatient phase approaches, the team recommends a plan for ongoing rehabilitation. A follow-up visit with a Cardinal Hill physician may be scheduled, and the physician's Discharge Summary is sent to referring physicians in acute care and to primary care physicians at home. Referrals are made for home health or outpatient therapy services according to the individual's needs. For clients planning to return to school, the team works with local school staff to ensure a successful transition back to the academic setting. At the time of discharge, changes may be recommended in the client's general medical management, home program or home equipment.

Cardinal Hill provides a full range of services to accommodate entry into the rehabilitation process at any level of treatment. In addition to the inpatient program, services include:

- Outpatient Therapy
- Home Health Care
- Seating and Mobility Clinic
- Intensive Medical Day Program
- Community Reentry Program
- Outpatient Medical Clinic

To make a referral or for more information

Call (859) 367-7120 or visit www.cardinalhill.org



Located in the scenic Bluegrass Region of Lexington, KY, Cardinal Hill is known as the region's premier physical rehabilitation hospital. For the thousands of clients we treat, the most important accomplishments of our services are the results we produce.